

CURRICULUM VITAE

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Nationality: Danish

Work Experience

08/2011 - present **Independent Psychologist** in a group practice in Copenhagen (Main focus on couples therapy, sexuality and LBGT+ issues)

08/2011 – 01/2015 **University Lecturer at DIS** (Danish Institute for Study Abroad) in Copenhagen (Main topics: The Psychology of Human Sexuality and Clinical Psychology)

06/2008 – 07/2011 **Independent Psychologist** in Berlin, in collaboration with artop - Institute at the Humboldt-University as well as Pro Familia, center for sexual health

09/2004 – 03/2005 **Psychologist** at the Communication Center (now ‘Context’), University Hospitals Leuven (Main focus on couples therapy)

04/2003 – 08/2005 **Psychologist and Supervisor** at an institute for socially challenged youths and their educators (Medisch Pedagogisch Instituut ‘Levenslust’)

09/2001 – 03/2005 **Independent Psychologist** in a group practice in Brussels

12/2001 – 10/2002 **Psychologist** at an institute for socially challenged families (Thuisbegeleidingsdienst Cocon-Vilvoorde)

09/2000 – 12/2001 **Psychologist** in a center for sexual health (SJERP – Dilemma), Brussels

Education

09/2001 – 06/2005 **Systemic Psychotherapist**
Studied systemic/ family-and relational psychotherapy at the University of Leuven, Belgium
www.uzleuven.be/context

09/2001 **Master of Psychology, with Honours**

10/1998 – 09/2001 Study of Clinical Psychology at the Free University of Brussels, Belgium
www.vub.ac.be/

07/1998 **Bachelor of Science in Psychology, with Honours**

09/1995 – 07/1998 Study of psychology at the University of Essex, United Kingdom
www.essex.ac.uk

Radio interviews (in Danish)

Danmarks Radio, P1 'Debat' on transgender issues

<http://www.dr.dk/radio/p1/p1-debat/p1-debat-2016-10-06/#!>

Danmarks Radio, P1 'Orientering' on LGBT+ issues and minority stress (from 17.27 onwards)

<http://www.dr.dk/radio/p1/orientering/orientering-2017-08-18>

Radio 24/7 on love and sex

<http://www.radio24syv.dk/programmer/mikrofonholder/14534928/kaerlighed-karina-lins-og-steen-hegeler/>

Publications

Article on a new look on love (in Danish):

<https://www.kristeligt-dagblad.dk/debat/valentinsdag-tid-til-opdatere-eventyret-om-den-eneste-ene>

Articles in The Copenhagen Post:

<http://cphpost.dk/opinion/mental-floss-keeping-the-line-open.html>

<http://cphpost.dk/opinion/mental-floss.html>

<http://cphpost.dk/opinion/mental-floss-are-things-looking-rosy.html>

<http://cphpost.dk/opinion/mental-floss-the-ritual-of-making-a-new-year-resolution.html>

<http://cphpost.dk/opinion/mental-floss-you-can-never-go-back.html>

<http://cphpost.dk/opinion/mental-floss-a-couple-of-ups-and-downs.html>

<http://cphpost.dk/opinion/mental-floss-the-pursuit-of-happiness.html>

<http://cphpost.dk/general/mental-floss-let-it-out.html>

<http://cphpost.dk/opinion/mental-floss-what-about-the-children.html>

Article on transgender issues (in Danish):

<http://oaonline.dk/livsstil/sundhed-velvaere/item/12060-mormor-blev-min-redningsplanke>

Cited in

Amnesty rapport 'First, do no harm' on intersex children

<https://www.amnesty.org/en/documents/eur01/6086/2017/en/>

Berlinske

<https://www.b.dk/politiko/international-kritik-af-danmark-stop-operationer-af-boerns-koensorganer>

Informationen

<https://www.information.dk/indland/2017/05/laege-kritiserer-kolleger-opererer-paa-raske-boern-give-koen>

Kristeligt Dagblad

<https://www.etik.dk/prioritering-i-sundhedsvaesenet/lageuddannelse-aendrer-syn-paa-transkønnede>

Other relevant experience

Professional

Workshop facilitator on varying topics
Guest speaker at numerous events
Guest lecturer at different universities
Supervisor for LGBT Danmark

Educational

Continuous training and workshop participation, most recent:

- 'Sexual Therapy' (Berlin 2017, w/ U.Clement)
- 'Desire in long-term relationships' (Copenhagen 2016, w/Esther Perel)
- 'Sexual Dysfunctions and Therapy' (Berlin 2016, w/ U.Clement)
- 'What about love?' (Brussels 2016, w/ D.De Wachter, L.Migerode)

Language skills

Danish: excellent (written and spoken)
English: excellent (written and spoken)
German: excellent (written and spoken)
Dutch: excellent (written and spoken)
French: good (spoken)

Editor of the Facebook site 'Seksualitetens Psykologi' and Youtube channel 'Mental Floss'